


Place of homeopathy in an integrative approach in the psychiatry of the elderly.

Dr William Suerinck Psychiatrist Homéopath : Marseille France





Our intervention at nursing home (EPADH)

Starts in 2022 at the request of Ms. Agniel, the manager and owner

Monthly visit

Target audience: Situations of therapeutic failure or intolerance to the proposed treatments. By the general practitioner or psychiatrist who intervenes once a week – patients or families using or seeking homeopathic care

Homeopathy is part of a range of treatments combining conventional medicine, psychotherapy (hypnosis, EMDR), music therapy

With the agreement of attending doctors, residents and families as well as nursing teams who will benefit from an introduction about the method.

PIERROT'S SEIZURES

- October 2023 1st consultation
- Pierrot has a medium mental handicap, major speech disorders , he is very difficult to understand
- Reactive depressive state after the death of his brother also placed in the EHPAD
- Cries profusely, wakes at night, fear of death
- Described as nice, sociable, needing company
- IGNIATIA 9 and 15 ch bring net relief , reviewed 1 month after : good state

Second episode/ July 2024

**July 2024: Pierrot cries again. He seems to be affected by the death of another resident due to miscarriage, which Pierrot would have witnessed . Talks about the fear of a heart attack. Fluctuating mood. He worried the team, he threw a tub of water on a resident. Crying is obviously aggravated by our empathic attitude. On this marked symptom, rest of fright, fear of a heart disease
Causticum15 ch is given in 1 single dose . Short-term improvement**

MIND - CONSOLATION, sympathy - ailments from, agg. - sadness and weeping, with
PSYCHISME - CONSOLATION, sympathie - troubles suite de, agg. - tristesse et des pleurs, avec une

-- sadness and weeping, with

-- tristesse et des pleurs, avec une (2) caust. hdh2 **NAT-M.** kb1 kc4

Episode 3 , august 2024

- New episode of violence: a glass thrown at a resident bringing facial injuries
- Strongly reprimanded by the Director witness of those spectacular crises
- Throws back, drools, cries, complains of vertigo; worrying picture
- Gives the impression and says that he is dying “the heart, I suffocate, I cannot breathe, I die”. Foamy saliva at the corner of the mouth
- I am experiencing one of these crises. Conventional treatment is ineffective. 1/2 hour later , he wanders quietly in the corridors. The diagnosis of hysteria is required.
- X is prescribed . 24 hours after and up to this day, everything is in order .

Repertorisation

pierrot Ehpad

Note relative au cas

🔍 Somme des carrés

Fiabilité du remède

Somme des carrés

9 symptômes / 388 remèdes

Somme des symptômes

Clipboard 3

1	Cr	MIND - REPROACHES - ailments from, agg.	181	1
2	Cr	MIND - DELUSIONS, imaginations - die - about to	103	1
3	Cr	MIND - FEAR - death, of - talk of death when there is no serious compla...	1	1
4	Cr	MIND - DEATH - presentiment of - hysteria, in	1	1
5	Cr	MIND - DEATH - talks about	19	1
6	Cr	RESPIRATION - DIFFICULT - hysterical	31	1
7	Cr	MOUTH - SALIVATION - frothy, foamy	163	1
8	Cr	MIND - HYSTERIA - men, in	3	1
9	Cr	MIND - THROWS - things	102	1

mosch.	acon.	bell.	ars.	nux-v.	cupr.	stram.	sulph.	gels.	con.	lach.	calc.	hep.	sep.	arg-n.	absin.	med.	merc.
3	4	4	4	4	4	4	4	3	3	4	4	4	4	4	1	4	4
285	196	196	196	196	171	171	171	170	170	170	170	170	162	161	155	155	155
9	6	6	6	6	5	5	5	4	4	4	4	3	4	3	4	4	3
1	1	3	1	3	3	3	1	1	1	1	3	1	1	1	1	3	1
1	4	1	3	2	1	1	1	4	2	3	1	2	3	3	2	1	1
1																	
1																	
3	3	1	1	1								1					
4	3	3	3	4	2	3	1	3	2	1	1		3	3			
3	2	4	3	3	4	4	3	1	1	3	3				3	1	1
3																	3
1	1	1	3	1	1	3	1						1		1	1	1

Moschus Moschiferus

mousedeer

- Musk carried by the musk secreting gland of the mousedeer
- A gland whose secretion of musk dries in captivity
- CLH: looking for the specificity of the strain (source)
- Moschus does not live well being captured, social reprobation, he tries to escape by cunning, simulation
- Suffocates if he goes to bed ...



– psychisme, peur, suffocation, de la, en étant couché (1-3) (suffocation, emprisonnement)

– psychisme, simule, la maladie (1-14) (la ruse, la simulation)



The infernal complaints and demands of Brigitte

February 2022 the team has reached its limits, exasperated by the incessant requests for treatment of Brigitte to relieve her abdominal or back pains ... partially hypochondriacal nature. Conventional analgesic, and psychotropic treatments are ineffective.

You have to watch her, because she sometimes steals medicines from the treatment room when she does not visit the rooms for petty thefts (cookies ...), which she always denies

Présentation

- 77 years old, expression understandable, despite a certain physical decay, Brigitte is well dressed, uses make up. She grabs me to talk to me first
- Medical history : one suicide attempt , multi-operated
- (6 interventions)
- Speech focused on the death of his son (from cancer?) (found drowned in his pool) and grief for his loss
- Insists on showing me how beautiful she was as a young lady younger married to a man with a good situation

Chosen symptoms

- Pain is improved by walking outside
- All symptoms seem globally improved by music
- She's afraid of spiders
- Kleptomania trend
- Complaints of pain without a character of organicity "stomach ache, it gets to my head, it makes me spin. It burns. She is sometimes a little aggressive at the same time as her pains
- The death of his son
- Prefers to be alone, does not really integrate the group

Repertorisation

Note relative au cas

🔍

Somme des carrés

8 symptômes / 494 remèdes

Clipboard 2

1

Cr

MIND - COMPLAINING

110

1

2

Cr

MIND - LAMENTING, bemoaning, wailing - pain, from

23

1

3

Cr

MIND - COMPANY - aversion to

398

1

4

Cr

MIND - DEATH - ailments from, agg. - child, of

16

1

5

Cr

MIND - MUSIC - amel.

45

1

6

Bo

MIND - Hypochondriasis

76

1

7

Cr

GENERALITIES - PAIN - walking - amel. - air, in open

113

1

8

Cr

MIND - KLEPTOMANIA

47

1

lach.

●

4

8

nux-v.

●

4

7

merc.

●

4

5

ars.

●

4

6

mosch.

●

3

5

acon.

●

4

5

kali-c.

●

4

5

cham.

●

3

4

verat.

●

4

4

con.

●

3

4

cina

●

3

4

coloc.

●

3

4

plat.

●

4

6

calc.

●

4

6

sulph.

●

4

6

staph.

●

3

5

ph-ac.

●

3

4

ign.

●

3

4

sep.

●

4

6

ambr.

●

4

5

salx-f.

●

0

4

kali-br.

●

4

4

canth.

●

4

4

aur.

●

4

4

asaf.

●

3

3

tax.

●

2

4

tarent.

●

4

4

cor-r.

●

3

3

4

4

3

2

3

4

1

3

2

1

4

3

4

2

3

3

1

2

1

1

1

2

3

3

2

1

1

3

4

4

1

3

3

1

1

1

1

1

1

4

4

4

3

4

3

3

2

4

3

4

1

3

4

3

3

4

3

4

4

4

2

1

4

2

4

2

1

1

1

1

1

1

4

1

3

1

1

3

4

1

2

2

2

1

2

2

4

2

3

2

2

2

4

2

2

1

4

2

3

3

4

1

2

1

3

3

1

4

3

1

1

1

1

1

3

1

1

1

1

3

3

3

Prescription / Follow up

- In front of the behavior described as sneaky by the team
- The desire to be seen first
- The desire to attract attention, to be admired
- **LACHESIS MUTUS 200K** will be proposed and renewed after failure of Ignatia and Natrum mur. in 15 ch .
- FOLLOW-UP: The remedy is renewed after each relapse until December 2024 (death in 2025) with a very clear reduction of complaints and solicitations + improvement of behaviour. A homeopathic placebo (Sac lac) will be given regularly because of her appetite for granules that she found well effective .! It should be noted that I found her systematically lying on her back when her pain returned, which relieved her



ABDOMEN - LYING - amel. - back, on
 ABDOMEN - ALLONGÉ - amel. - dos, sur le

-- back, on
 -- dos, sur le (25) **BELL-** la71 **BRY.** bc6 kj10 mmp2 ps2 **Casta-v** at4 kj10 **cupr-ar.** ca11 **Dios.** mmp2
 gent-L. at1 **Hep.** mmp2 **HYDR.** at4 c3 ps2 **IGN-** at1 bc6 **iris-foe.** at1 kj10 **LACH.** bc1 fnd fct7 kj10 la68
 mmp2 **MAG-C.** la7 **MAG-M.** at4 c3 h3 kj10 ps2 **mag-p.** bc6 **med.** nms1 mez. kj10 **NAT-S.** at4 c3 kj10
 ps2 **onos.** kj10 me1 **Orni.** mmp2 **par.** bc6 **PULS.** bc6 **RHUS-T.** kj10 mmp2 ps2 **SEP.** at4 c3 kj10 **Xan.**
 job1 zinc-m. c3

The refusal of placement and Janne's impossible mourning

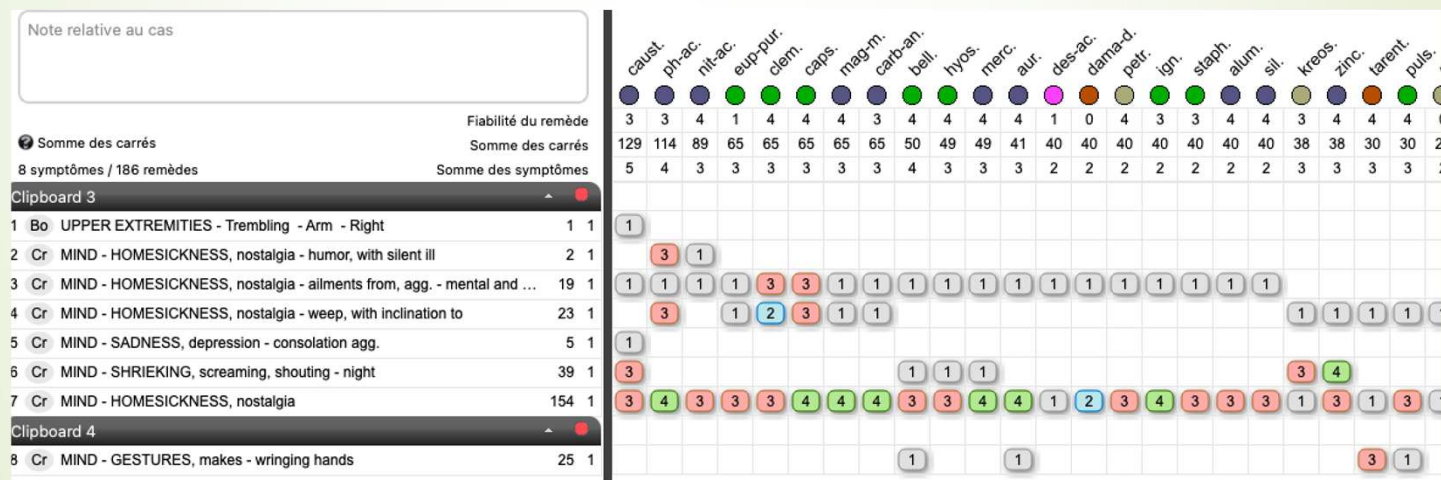
- 93 Consultation in June 2024
- Recently lost her husband and son.
- Placed following a stroke
- Folded in her chair, wants to be alone. Her face is marked by sadness. Constant crying for 8 months - DEPRESSIVE STATE Reactionary resistant to Anti-depressants
- Crying accentuated as soon as the placement is mentioned and addressed to her
- Difficult to express herself, very slow , half-words
- She screams at night

- Ignatia, Natrum Mur., then Arnica and Phosphoricum acidum without any noticeable effect



Repertorisation

- February 2025 I observe a more marked tremor of the right arm





Evolution and Follow-up

- Very clear improvement after **CAUSTICUM 9 ch** , then the following month **CAUSTICUM 15 ch**
- Don't cry anymore, smiles for the first time, would have even found a bit of humor. Doesn't scream at night.
- Agrees for the first time to leave his room and share moments with other residents
- Her daughter is very surprised.

Anna's sadness

- First seen in May 2023, 66 years, because of intellectual deterioration and sadness, (related to the lack of his children?) She had herself asked to be placed following the death of her husband
- Described as very reserved but friendly, kind, helps others , although isolating a lot. Loves nature, fruit and fish
- She has a chronic residual psychosis stabilized for a long time with anti-psychotic treatment
- Cancerous Terrain ++ 3 brothers died of cancer, removal of varicose veins at age 20
- Carcinosinum would be indicated, but given the legislation , will not be prescribed

June 2024 F-Up

Repertorisation

- depressive episode, misses his children , suffers from a break in contact with his daughters
- I observe a strong mistrust, which reinforces his tendency to isolation (Does not like gossip, mudslinging.)

Note relative au cas

Fiabilité du remède

Somme des symptômes hiérarchisée

Somme des places

Occurrence

3 symptômes / 476 remèdes

lipboard 2

Cr MIND - SUSPICIOUSNESS, mistrustfulness - solitude, desire for201

Bo MIND - Gentle, mild, tender401

Cr MIND - LOVE - nature, for581

Cr MIND - GRIEF - ailments from, agg.2261

Cr MIND - GRIEF - ailments from, agg. - mental and emotional consequ...641

Cr MIND - WALK, walking - amel. - air, in open521

Cr GENERALITIES - FOOD and drinks - fruits - desires2351

Cr GENERALITIES - FOOD and drinks - fish - desires771

Bo CIRCULATION - Blood-vessels - Varicose - Veins, especially391

lyc. puls. aur. nat-c. ambr. sulph. rhust. con. ign. calc. nat-m. carc. ars. anac. stann. bell. ph-ac. phos. cygn-c. elaps. asar. caust. saix-f. cocc. zinc. verat. falco-p. gink. plat. mag-c. cupr. emer.

44444443344424444330243080808076727272726964

3836323129242827262524232328272322172121212120202019181818182316

876656555555554444544



Prescription and Follow-up

- Consultation is quite poor
- I propose: **NATRUM CARBONICUM in 30 CH** in a single take
- **Follow-up:**
 - Improvement seems to be observed by the team and felt deeply by Anna more smiling and open, who is less likely to isolate herself.
 - Her video testimony is quite interesting .



Maria's violence

- Alzheimer's disease (90 yrs old)
- Maria hits residents who would like to take her place (Maria says)
- and she hits the staff who interposes when she decides firmly to go home.!
- Full-bodied woman, Imposing
- ATCDS: (medical history)
- Hypothyroidism, stroke , HTP, Right Deep Vein Thrombosis
- Total hysterectomy, bilateral cataract
- Basal cell carcinoma G



Observation

Symptômes

Very assertive speech, the tone is authoritarian

I want to go home ..! I do not accept the separation of brother and sister ... I want to take care of it"

"I want to be safe, if I'm threatened, I destroy and smash, I feel like smashing someone, I answer if I feel like it, the important thing is my family, the rest I don't care."

Raise the fist and say, "If I'm not allowed to go in, I'll kick..."

Refuse the ankle monitor

Never worked

As a proper Italian woman, she loves macaronis and cakes , not too much meat

Would fear the heat

Prescription / Follow up

PRESCRIPTION:

After failure of a first remedy (Lac leoninum)

Mercurius Solubilis is prescribed in april 2025 at dilution 15 CH on knowledge of medical matter

(Desire to go home, fight, rebellious, insulting, authoritarian, desire for sweets)

It is also a remedy of stroke and venous thrombosis)

FOLLOW-UP 1 year : The aggressive hetero act has stopped, much more smiling, was happy to have managed to control herself, despite a contrariety. Reduction of runaways ; return to the institution without violence.

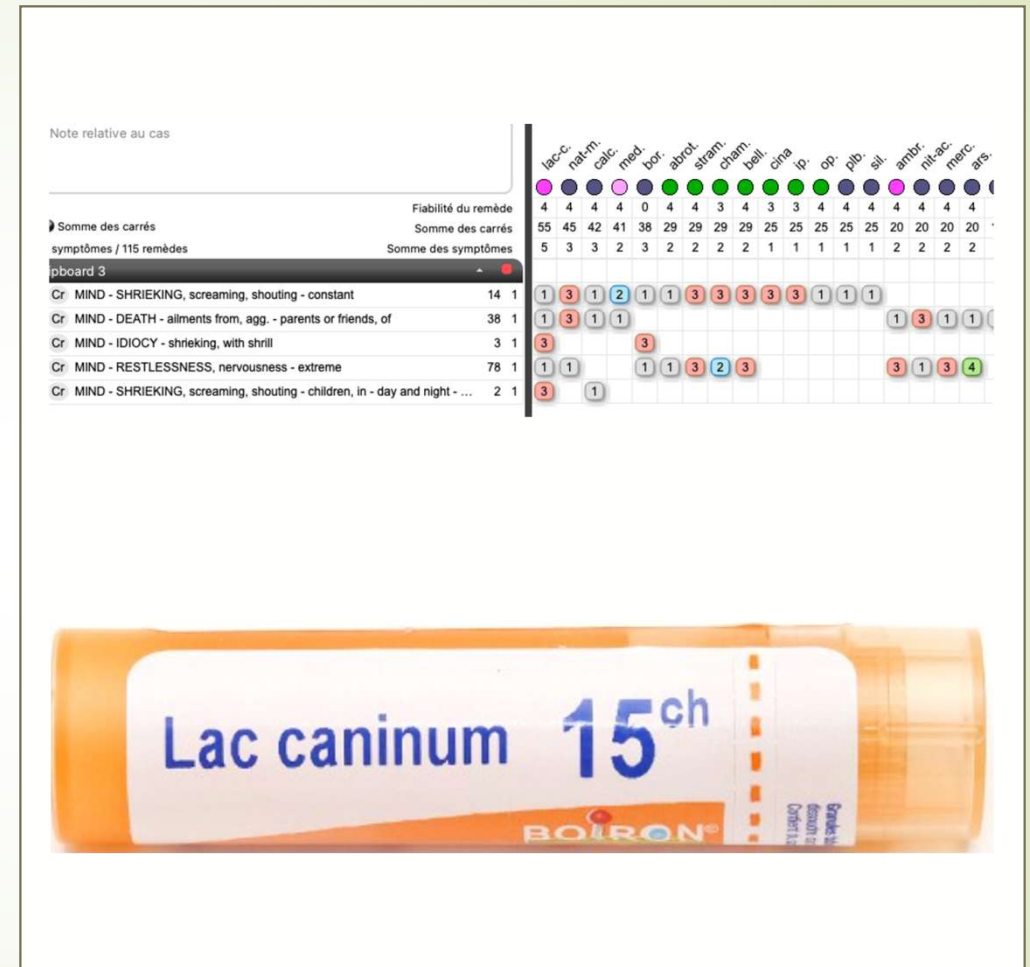
Nicole's sorrow

- December 2022
- Nicole 61 years old, carrier of a Trisomy 21, lost her elderly mother with whom she had been placed at the EHPAD for several years. Nicole is in a major distress state.
- Extremely agitated, she is isolated in her room, sometimes under restraint, despite the conventional psychotropic treatment
- Screams night and day
- The team and I are upset



Repertorisation / Prescription / F-Up

- An unexpected drug stands out in the listing:
- **LAC CANINNUM**
- **FOLLOW-UP:**
 - In the following days, Nicole will stop screaming and calm down. Her state is sustainable, so that she can share her daily life with other residents
 - Small relapses appear to be contained by the same drug administered subsequently twice in 30 CH Until February 2023



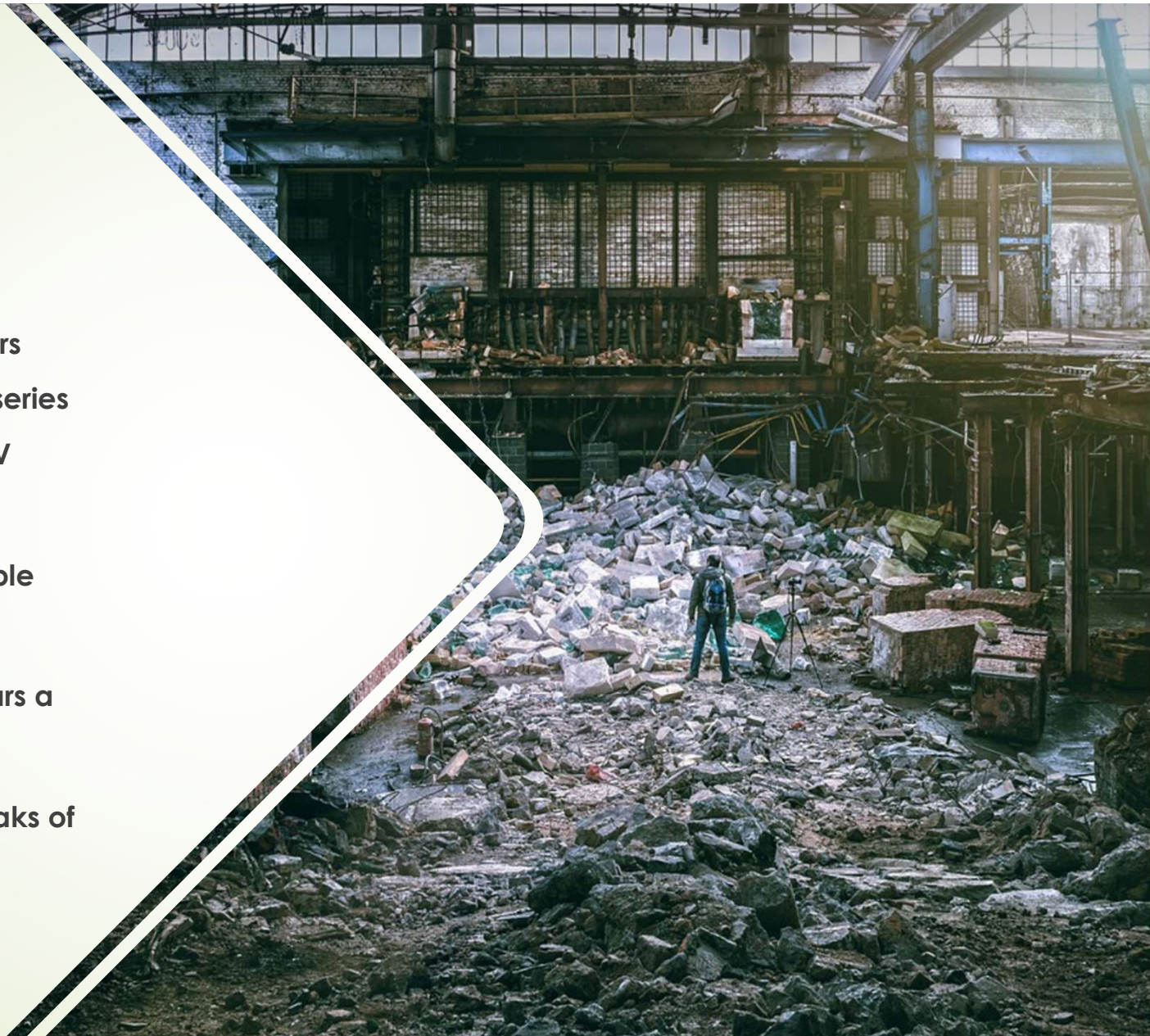
Cares for Pierre

1st Consultation May 2024 - Pierre, 63 years old, is in an advanced state of mental, cognitive and physical decay following a series of strokes and myocardial infarction, with respiratory insufficiency linked to a stage IV emphysema.

ATCDS : Accidental polytrauma with multiple fractures, Thalassaemia

He is on constant oxygen therapy and wears a permanent catheter

Great sadness , but no suicidal intent , speaks of a great void





Observation



- Difficult elocution
- Worrying intellectual deterioration concerning Pierre. He is totally neglected, including in terms of hygiene, in spite of a bright past life, he likes to talk about (Head of a cabinetmaking company, biochemist, high-level cyclist, musician). Early child, worker bee
- Described as resilient, stubborn, strong-willed
- Context of stroke is a conflict situation with brother
- He evokes a painful awareness of his own parentage, feeling like the family's "ugly duckling"
- Very attached to his children
- < by eggs and heat

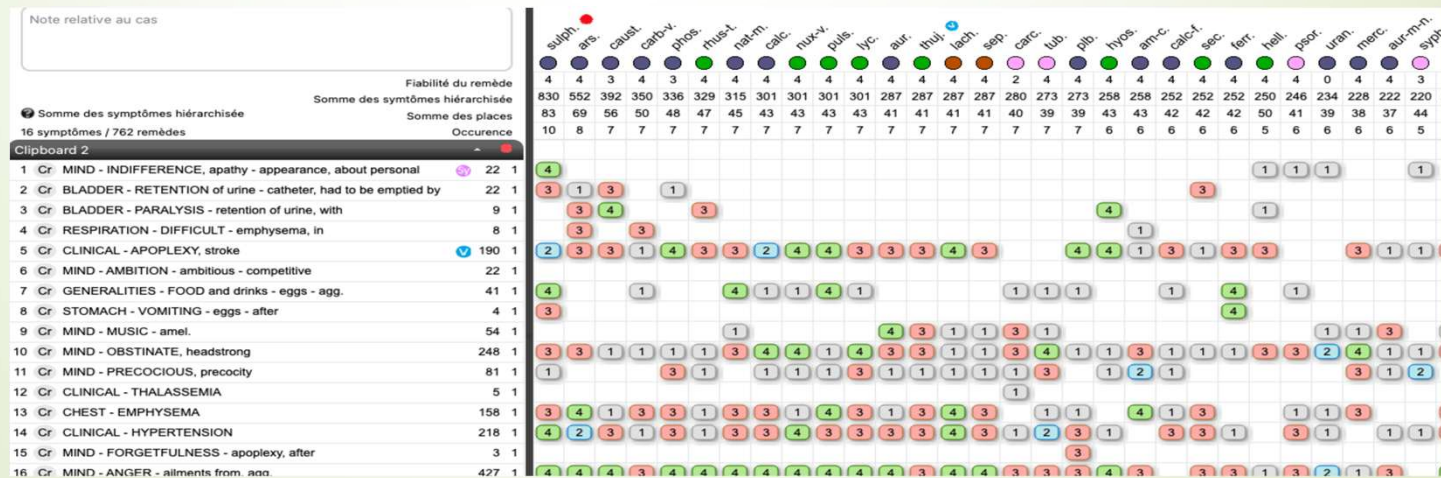
Repertorisation 1 and prescription

- Sulfur will be prescribed in repeated in a low dilution
- 7 and 9 ch (no effect)
- Then Ferrum and Ferrum sulfuricum , the latter appearing to provide a slight improvement
- Then Sarsaparilla and Coca (Breathing difficult with emphysema, indifference to his appearance and strong physical resistance)

[illegible]

Symptomatic treatment, due to suffering related to the urinary catheter placed for 5 months - failure of the removal of catheter

- In the meantime hospitalization (Tumour diagnosis????)
- Pose of a permanent urinary catheter, due to a vesical globe
- Major degradation upon return from hospitalization. He tears the urinary tube . Pierre lets him go completely ...



Symptomatic prescription and follow up

- For the respiratory problem again aggravated: ASPIDOSPERMA (Quebracho) D6 will allow moments without oxygen, reduction of shortness of breath coupled to effort with Coca at beginning

RESPIRATION - DIFFICULT - emphysema, in
RESPIRATION - DIFFICILE - emphysème, dans l'

- emphysema, in
- emphysème, dans l' (8) am-c. kj10 **ANT-AR.** at4 bow2 cj3 kc4 **ARS.** fe7 kc4 **CARB-V.** kc4 **COCA**
kc4 **CUR.** fe7 naphth. cj3 **SARS.** ps2
• CHEST - EMPHYSEMA

For urinary function and in this context after stroke: CAUSTICUM
in 7CH then 9CH 3 times a week

- March 25: Recovery of urination after removal of the urinary tube
- Better elocution, mood also with a little humor
- There is so much to rebuild after this devastation



ADRIENNE'S EXHAUSTING DEMANDS

- December 2024, Consultation motivated by the team's attrition towards exhausting demands of Adrienne, a full-bodied hundred-year-old woman with a severe and suspicious look.
- Night difficulties, fear, she says she can see people around her
- Demanding for everything, eg the precise degree of opening of the door that must be partially opened but also closed
- She asks frequently to know what time it is, IMPATIENCE
- Need for order
- Anxiety for her family
- Fear of thunderstorms, earthquakes
- Enjoys eating soup

- The fear of earthquakes brings out a remedy although I thought her problems would be more related to Arsenicum or an arsenic salt
- Prescription: CALCAREA ARSENICOSA 12 CH 1/ week (3 weeks)

- **Follow up: Significant improvement, much less solicitation, mood, no more notification during night, better mood. Following 5 months F-Up**

PANIC ATTACKS of ROSA

SEPTEMBER 2022

1 CS motivated by major anxiety, in a phobia patient

**Fear of taking the elevator alone;
can't press the button, Fear of getting
stuck,, locked in, suffocating, dying**

Fear that no one will find her.

Evocation of a childhood trauma:

had been stuck in an elevator

**- Regularly tearful, suffers from her
placement**

Anxiety < alone,

desire for companionship

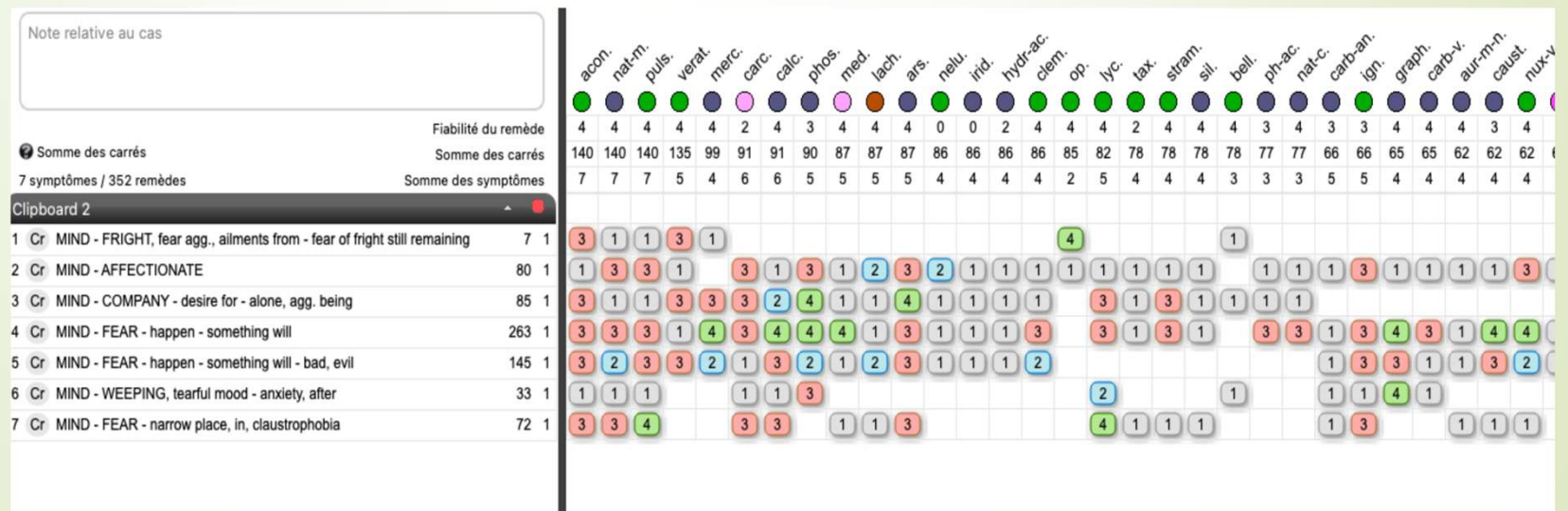
> occupation

Very affectionate, < cold



Prescription / Follow up

- Aconitum Napellus in 15 ch up to 200K seems to have allowed a very clear reduction of anxiety together with the work of the psychologist.
- She will then have some noisy anxiety attacks with crying related to a pressing desire to go home. Crying accented by talking about what makes her suffer. She presents moments of Confusion and is lost in the corridors .
- - Ignatia , Calcarea will help her afterwards



Epilog

- On the occasion of a relapse, I am struck by her very childish attitude, this suffering in connection with separation, the fear of being abandoned by her children who come to see her
- **PULSATILLA** in **15 CH** prescribed in December 2023 will soothe it until today. 3 Puls doses taken (same modalities)



I will kill her ...! An explosive cohabitation

- Lucie can no longer bear Line, her more deteriorated and very agitated neighbor, specially at night. Line , who sometimes throws laundry toards Lucie .
- A knife would have been found!
- The conflict is at its peak
- Lucie threatens: " if you (team) don't calm her down, I'll kill her!"
- Lucie's symptoms are:
 - a nocturnal leg restlessness that she tends to discover
 - Itching in the bed, the legs especially
- Physical HTA and lipoma
- Fear of spiders , > music , young



- Very territorial, demanding, agitated
- **Crotalus cascavella** then **Latrodectus** Tredecim Guttatus I will be prescribed and both will help to soothe the situation.
- **Line** will receive **Sulfur** . A curtain installed between both of them and return to calm!


[illegible]



As conclusion : Please meet Mr S!

“Riff Raff”

At nursing home ☺



State of high excitement with insomnia in a bipolar patient

The consultation is requested by the nursing home (psychiatrist dpt)

1998 , Mr S 64 years is addressed due to a state of a Hypomaniac type of exaltation with insomnia

He annoys all the residents and staff with his obscene invectives and his nocturnal wandering

This is a polymedicated patient who spents most of his life in psychiatric hospitals after a delirious decompensation while he was a student at the Central School.



« RIFF RAFF » at nursing home 😊

- Poet in his hours, he will give me one of his book of poetry, kindly edited by the nuns of the institution
- Dirty poems characterized by a singular familiarity towards the staff or the president of the nursing home at that time
- Theme curiously found in the dreams consciously reported to the second consultation

He “is” the intimate friend of powerful people of this world
(Pope, Generals)

A few dreams....

- “ I am attending a closed session meeting of bishops”
- “The pope is often present. ”
- “After a fierce struggle, I am taken prisoner by soldiers in wartime. I ask to see the general. He comes and speaks to me in familiar terms , “tu” in French. ”



POETRY

- In one of his poems, he addresses Jacques Chirac:
- “Mr. President, you are the father; we live in each other’s pocket”, “we are ass and shirt” french translation .
- What do you think of politicians?
- “They know more than I do, but they go to the bathroom like everyone else. When I see Chirac handing the medal to the veterans under the Arc de Triomphe, I think they are men like any other. They also go to the bathroom...!

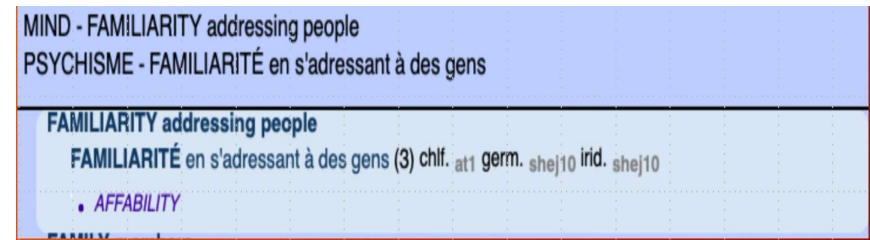


Analysis

There is no corroborating evidence beyond this familiar and singular aspect, found in the patient's speech, in his writings, without forgetting his dreams.

The salacious dimension despite religious attachment





Prescription

- **CHLOROFORMUM 15 - 30 CH**
- **No modification of current psychotropic treatment**
-
- **Proving Lembke, MacFarian + symptoms of intoxication or reaction to ingestion or inhalation of this substance with anaesthetic properties**





Follow up

Normalization of mood, sleep and relationships over several years

Impulse appeasement

"I'm not bored, I pray, and I resist temptations much better.

Before, I succumbed...!"

Ultimately

- In view of the current requirement standards, the observations presented should not be interpreted as any scientific evidence of the homeopathy's efficacy in any specific disease.
- All the more so, since homeopathy is intended to treat or cure the patient as a whole and not only the disease. Indeed, Samuel Hahnemann considers the disease as a deeper imbalance of "energy" or "vital force" of the patient. This particular concept is still ignored by conventional medicine.
- These field clinical observations should lead to more qualitative clinical research with a suitable methodology and publications, which involves sufficient financial means!
- For each resident, homeopathic risk benefit balance has been carefully assessed, in situations of therapeutic failure or dead lock. And **this obviously taking into account the free choice of the patient and family, and in agreement with the doctors of the institution.**
- This without initial modification of current treatments. Treatments known for its high iatrogenic risks among elderly. We are here talking about the falls and aggravation of confusional states related to the use of psychotropic drugs.
- Homeopathy is an integrative medical approach aimed at improving patient's quality life. Homeopathy also aims to reduce excessive use of psychotropic drugs whose negative effects are widely documented.